

**CAYC AB/NWT
March 2010
NEWSLETTER**

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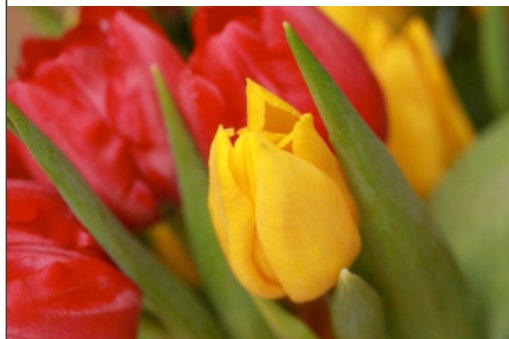
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**Click here caycnews@gmail.com
to share your comments, suggestions,
and submissions!**

Readers please note...

The views/articles contained within the CAYC AB/NWT Newsletter do not necessarily represent policies set forth by CAYC AB/NWT. The intention of this newsletter is to inform readers about current news and events. Some copyrights restrictions apply.



The Canadian Association
for Young Children



L'Association Canadienne
pour les Jeunes Enfants

Director's Welcome

Welcome to March since February seemed to fly in and out. Where does the time go?

Hope you have been enjoying lots of varied activities with the children in your life both personally and professionally. If your days are spent with eager students experiencing young children for the first time in their chosen educational path, I hope your days are filled with seeing many "ah-ha..." moments as they discover new information through your teaching .

We of course on the Conference planning committee have been keeping busy finalizing important details that will make April 30th and May 1st the best experience possible. Registrations are coming in but very slowly so **we ask you to get your form in as soon as possible** so you will have the pleasure of having an evening and a whole day learning new ideas, enjoying time to re-charge as well as shop for interesting new items, network with like-minded professionals as well as meeting front-line workers from some very important non-profit organizations that play a key role in many young children's lives.....so much to enjoy and so little time!

It's very simple: go to www.cayc.ca and **download the registration form, choose your sessions** (that will be difficult I guarantee) and then **mail it off!**

Don't forget now, if you would like to enjoy hearing our Key Note Speaker Dan Hodgins on **Friday evening**, please go to www.familiesmatter.ca and register there separately with our generous sponsors. It really is that easy! The evening is free & open to families of all descriptions so **please pass on the information** to anyone that might like to attend this fun evening.

Hopefully March will bring us a few tulips by the 31st and a mailbox FULL of conference registration envelopes at the home of Deborah Evans, our Conference Registrar!

*See you at the Conference,
Rosanne Perrin,
Director for CAYC AB/NWT & Conference Chair*

PS!
If you have ANY questions, don't hesitate to send me a note at rosanne.perrin@cayc.ca



"NEW FRONTIERS FOR CHILDREN: OUR JOURNEY TOGETHER"
Canadian Association for Young Children | L'Association Canadienne Pour Les Jeunes Enfants



**C.A.Y.C.
2010 Conference**

April 30th to May 1st
Calgary, Alberta CANADA

Ammendment:
Conference Brochure
See page 6
at
www.cayc.ca

The Canadian Association
for Young Children

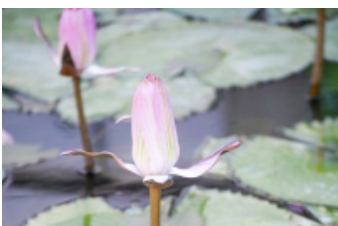


L'Association Canadienne
Pour Les Jeunes Enfants

Please view the [ammendment](#) on page 6.

Early Learning and Child Care

Centre For Child Well-Being at Mount Royal University, Calgary,



AB

This is a the second in a three part series to share with our members about this amazing project.

The Department of Child and Youth Studies is excited to be the home of the Centre for Child Well-Being (CCWB), Mount Royal University's first applied research centre, launched in April of 2009.

Last month, in the CAYC AB/NWT E-News, we talked about the circle of learning on which the work of the Centre for Child Well-Being (CCWB) is based. The circle means that undergraduate students in our diplomas and applied degrees have the opportunity to work with faculty and community agencies to conduct small, community-based research projects. Students become more confident and competent graduates both in terms of their practice and in their abilities to support the agency's needs for program evaluation, community scans, or needs assessments. Faculty benefit from being able to update and enhance their curriculum. Perhaps most important, agencies are supported in their programming.

To date, this circle has been accomplished in a few different ways. In an effort to support faculty, the CCWB has been providing seminars on topics such as how to write a successful grant application, ethical considerations when working with vulnerable populations, and preparing a strong ethics review application. Faculty are also becoming engaged in interdisciplinary communities of practice focusing on sharing new knowledge of early brain development and communicating the messages of early child development.

Another approach engages students. In their fourth year, Child Studies students take a community development course in the fall and a community-based research course in the winter. Students are matched with community agencies and spend the fall learning about their agencies – mandate, populations served, ways of working in the community, and pressing issues. Jointly, the agency and the students develop a research question and the students complete a literature review. In the winter, the students design a research study to address the question, apply for ethics clearance, collect and analyze data. The agencies are provided with a final report and the students present a poster presentation of their results at a community seminar in early April.

Topics that are being explored this year by the Child Studies students include:

- gaps in services for children involved in high conflict custody situations
- the relationship between witnessing animal abuse and developing empathy
- the effectiveness of intervention at a women's shelter in closing developmental gaps
- need for services for gay, lesbian, bisexual, and transgendered youth
- need for safe planning programming for women living in a housing complex
- public awareness and perception of pesticide use
- cultural understandings of physical activity in the home
- strength-based programming to enhance resiliency among children and youth

Our community partners are being encouraged to approach the CCWB with questions which would help them to improve their practice. Matches are then sought between the agency and specific faculty. Sometimes the question can be addressed by an individual faculty member working with a small group of students. At other times, the question can become a topic in a course and a much larger group of students can become involved at various stages in answering the question.

Next month, we will tell the story of the ongoing development of a resource for supporting physical literacy among preschool children called *A Hop, Skip, and a Jump* that has involved over 200 students, 8 faculty members in 3 departments, over 110 child care centres, and several community agencies

For further information on the Centre for Child Well-Being, contact Dawne Clark at DClark@mtroyal.ca or 403-440-6941.

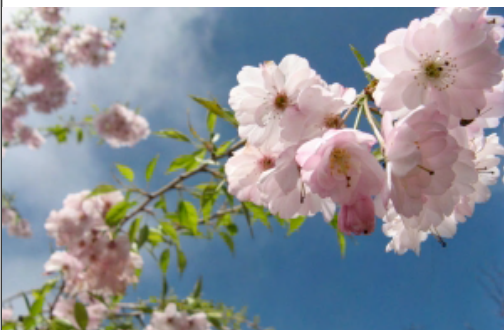
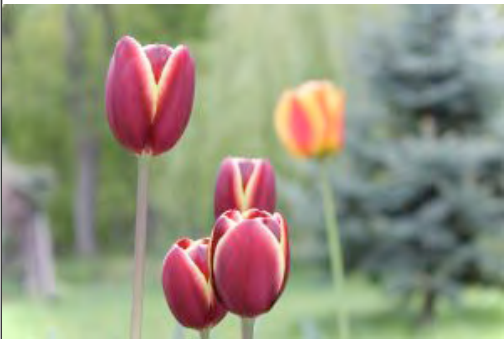
Alberta Association for the Accreditation of Early Learning and Care Services

AELCS TO COMMENCE OSC ACCREDITATION IN APRIL

It's official!

Effective April 1, 2010, the Alberta Association for the Accreditation of Early Learning and Care Services (AELCS) will be the accreditation agency for out-of-school care (OSC) services in Alberta. Now accreditation of all regulated child care services for children 0 – 12 years of age will be delivered by the same agency.

Please [read here](#) for more in-depth information and how it might affect you!



Website Resources

Canadian Partnership for Children's Health and Environment

The [Canadian Partnership for Children's Health and Environment \(CPCHE\)](#) is a multi-sectoral collaboration of twelve organizations with expertise in issues related to children, health, public health and the environment. CPCHE partners have been working together since 2001 to protect children's health from environmental pollutants and toxic chemicals by moving children's environmental health issues into the minds of decision-makers, service-provider organizations, individual practitioners, parents and the public.

Note that as of January 2010 we have rebuilt our website. Our French language interface is in production and anticipated for March, 2010. Under the drop down menu of News & Info there is a checklist to be downloaded for an environmental health checklist for child care settings.

This site also had great reading for toxins in our everyday lives and how we can change that, for yourself and your children.

Attachment Parenting Canada

Our Vision

Healthy, respectful, peaceful families are the building blocks of a healthy and peaceful society.

Our Mission

We are a non-profit organization of parents and professionals dedicated to providing parents, caregivers, and organizations, support for their parenting practices and services, validation for their parenting choices and current evidence-based information in order to make the best decisions for their parenting practices. Our information is provided through print, online, classes, articles, books and speakers for parents, caregivers and organizations.

Attachment parenting babies, toddlers, preschoolers, school-aged, and teenager children is a natural, instinctive approach to parenting and may involve breastfeeding, co-sleeping, respectful communication, non-punitive guidance of behaviour, a warm and nurturing parenting style, and responding to the child's needs immediately and completely. It's a family-centred parenting approach based on mutual respect between the parent and child.

The [website](#) is loaded with practical advice and information, workshops, support groups, links, and a range of links for a marketplace of products. APCA is based in Calgary, and is an excellent go-to resource for parents and caregivers.

Centres of Excellence for Children's Well-Being, Early Childhood Development

OUR MISSION

The mission of the [Centre of Excellence for Early Childhood Development](#) (CEECD) is to improve our knowledge of the social and emotional development of young children.

Between the ages of 0 and 5, children experience a phase of accelerated growth. The education, care and attention they receive during this crucial period of development have a decisive effect on their future.

It is therefore extremely important for service providers, planners, policymakers and parents to thoroughly understand the significance of early childhood to ensure that young children's social and emotional needs are fulfilled.

Here are a few links to articles on the website:

1. [Responding to Children's Needs, Important Developmental Milestones in Young Children](#)
2. [Articles on Language Development and Literacy](#)
3. [Maximizing a child's potential for success: The importance of the first five years](#)

Events

There are several events throughout Alberta and Northwest Territories, and all across Canada.

As professionals, we are always on the lookout to be inspired and educated, and to apply new learning to our work with children and families. Please send us your event listing or one that you are aware of and would like to share.

International Women's Day March 8

2010 Theme

Each year around the world, International Women's Day (IWD) is celebrated on March 8. Hundreds of events occur not just on this day but throughout March to mark the economic, political and social achievements of women. Organizations, governments and women's groups around the world choose different themes each year that reflect global and local gender issues. Some years have seen global IWD themes honoured around the world, while in other years groups have preferred to 'localise' their own themes to make them more specific and relevant.



Events in [Edmonton](#)

Events in [Calgary](#)

Events in [Lethbridge](#)

The [official website](#) is interesting and thought provoking with the history of International Women's Day and what people do all year long around the world to support womens issues.

Patricia Morgan

is an author who specializes in strengthening resilience in individuals and organizations. With a Master's Degree in Psychology she presents to thousands of people each year. When you get Patricia you get practical how-to's that decrease self-doubt, stress and miscommunication while increasing vitality, joy, productivity and workplace satisfaction. Plus she delivers her message in a fun, insightful and uplifting manner. Her [website](#) is an amazing read, and full of wonderful practical information for all women to apply.

Patricia Morgan's new book, From Woe to WOW: How Resilient Women Succeed at Work, offers 35 strategies and 27 Ten Tip lists on how to deal with work-home challenges.

If you are interested in knowing more about From Woe to WOW: How Resilient Women Succeed at Work, please go to www.FromWoeToWow.org

Drop into Chapters for an author chat with Morgan to receive tips to handle problems and walk away with FREE solution strategy cards.

SUNDAY, MARCH 7: 3--5 pm,

author chat - CALGARY,

For International Women's Day (Mar 8),

Indigo Books, Signal Hill, 5570 Signal Hill Centre SW.

For more information call Robyn at 403-246-2221

MONDAY, MARCH 8: 11:30 am--1:30 pm,

author chat - CALGARY,

For International Women's Day,

Coles - T.D. Square, 317-7th Ave. SW, Unit 161.

For more information call Mandy at 403-263-7333

SUNDAY, MARCH 21: 11 am--4 pm,

workshop/author chat--CALGARY--

Chapters,Dalhousie, 5005 Dalhousie Drive NW.

For more information call Vanessa or Veronica at 403-202-4600

SUNDAY, March 28: 1-3 pm,

author chat, CALGARY--

Chapters - MacLeod Trail, 9631 MacLeod Trail S.W.

For more information call Billy-Jean at 403-212-1442

Kitty Raymond Parenting Solutions for the Real World

Kitty Raymond is a pediatric sleep specialist, working with parents of infants to school-age children. Educated at the University of California, Santa Barbara, Kitty brings to the work she does with Calgary families a BA degree in Psychology and a background in child development, early education and family dynamics.

Her website offers information on seminars, counselling services, and also publications and audio downloads. She is based in Calgary.

Upcoming seminars are in March, April, and May listed on her [website](#).

YOGAKIDS

World Renowned 4 DAY YOGAKIDS Professional Training

Edmonton, Alberta Canada

April 8 - 11

Enhance Your Ability to Connect with Children!

Parents * Physical Therapists * Yoga Teachers

Educators * Healthcare Professionals * Psychologists

Therapists * Anyone Interested in Yoga and Children

YogaKids Help Children

Increase focus, concentration & attention span

Develop strong, limber & healthy bodies

Cope with life stresses more efficiently

Support ADHA & ADD symptoms

Cultivate self-esteem

To register and learn more about YOGAKIDS....[click here!](#)

2010 Child Care Professional Awards of Excellence

The 2010 Child Care Professional Awards of Excellence Ceremony and dinner will be held at the Coast Edmonton Plaza Hotel on Friday, April 30. Registration information will be available Monday (March 1) on the [Alberta Child Care Association's website](#).

Call for nominations: [click here](#).

Poster: [click here](#).



"NEW FRONTIERS FOR CHILDREN: OUR JOURNEY TOGETHER"
Canadian Association for Young Children | L'Association Canadienne Pour Les Jeunes Enfants

2010 CAYC Annual Conference

Date: April 30-May 01, 2010
Where: Carriage House Inn
Calgary, Alberta
Keynote: Dan Hodgins

Dan is an internationally renowned Early Childhood Consultant from Flint, Michigan. His insightful and defining presentations are based on current research and filled with practical and effective strategies that can be put to work immediately!

This conference is for you!!!

to connect



to reflect



to strengthen



to have fun



Keep your eyes posted to the CAYC web page for updated information.

See ya' all in Calgary

The Canadian Association
for Young Children



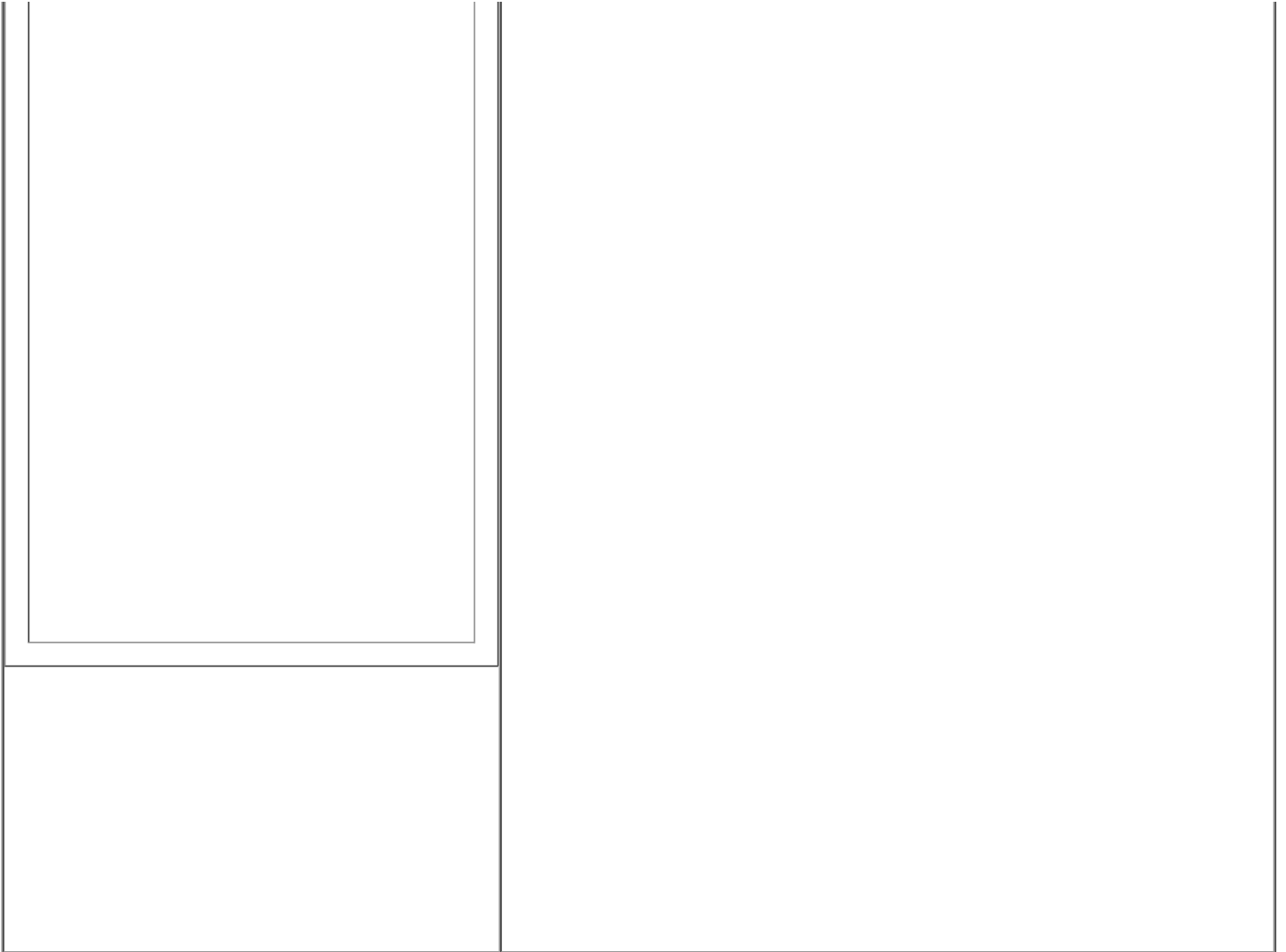
L'Association Canadienne
Pour Les Jeunes Enfants

You have received this newsletter either because you are a proud CAYC Member or you have been sent this by a friend who is a proud CAYC member!

You can become a member too!
Follow this link straight to our National site
and you can read how to join us. www.cayc.ca
Take time and explore,
there are interesting events and news to read about.

In addition to a sense of pride in joining with others on a national basis to speak out on behalf of young children - you, as a CAYC Member, will receive the following benefits:

- *Two issues of "Canadian Children" featuring current research and articles related to the care and education of young children.**
- *Provincial newsletters featuring information about regional news, resources and CAYC activities.**
- *Favorable registration rates when attending regional and national CAYC conferences and events.**



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